

MOONACRE SPA MENU



MINERALS, MESSAGES, AND MUD - OH MY!

Well hello there, sunshine. Welcome to MoonAcre - our little mudocracy, where we eschew troubles in favor of bubbles and mud is slung the way it was meant to be done. Our mission: to serve up bliss with a dose of whimsy and relaxation without the fuss. Because after all, there's very little that laughter and a nice rub won't cure.

We take our cues from the social bathhouses of yore, and source the best salts, muds, lotions, and potions from around the world. So, kick back with friends in our mineral-infused baths (we're experts at drawing them to the perfect temperature). Bake the afternoon away in our private garden while slathered in mud (your skin will love it). Or spend a session with one of our amazing muscle whisperers (you know you knead it... or rather, we knead it). Relaxing and fun times are ahead. Enjoy!

Get In The Mood (AKA The Pre-Spa Ritual)

Here's our idea of a perfect wine country pairing: Calistoga's geothermal waters, followed by a visit to our little abode. Calistoga has been a sybaritic go-to for its natural mineral hot springs and mud baths for more than a century. Continue that rich tradition in one of our three pools fed by geothermal hot springs below our property grounds. The pools' waters range in temperature from 82 to 104°.

TREATMENTS

Body Cures

Perfectly Muddled

Our spin on Calistoga's famed historic mud baths. Mosey up to our mud bar and see your perfect blend being created from our global range of detoxifying concoctions. Next, get down and dirty in our garden, where you'll slather your skin in the mud and relax under the sun as it dries. Finally, get squeaky clean under our rainfall shower, while you watch those muddy waters rinse away. Dry skin is exfoliated off. Toxins are drawn out. Good minerals are infused in. And your skin is left baby-soft and oh-so-refreshed.

Add-on to massage: \$50

On its own: \$70

The Splish-Splash

Think of this as our ode to the social bathhouses of days gone yonder. We'll draw the water and you can soak your cares away in one of the gorgeous clawfoot tubs in our bathing room. Salts and minerals from around the world in combination with our coconut oil infused bath bombs, wait for you to be 'paddled' in. Book a couple of tubs and turn it into a romantic or group experience. Or go it alone, and make new friends. Whatever your style, we've got your salty cure.

25 minutes / add-on to massage: \$50

25 minutes / on its own: \$70

CBD Soak

Our Splish Splash just got elevated to the next level. CBD is short for cannabidiol, a compound derived from cannabis that possesses significant health benefits without leaving you stoned.

Whether you're drained from a workout, have inflammation, or just need a heaping dose of stress relief, our soak with CBD salts will leave you refreshed in a way that you'd never see coming.

25 minutes / add-on to massage \$55

25 minutes / on its own \$75

CBD Facial

Ready to take your extraction-free facial to the next level? Hemp-derived CBD skincare products will purify, hydrate and balance your

skin while your massage therapist's nimble hands promote lymphatic drainage and relax face, neck and scalp muscles. You won't get high, but your skin will be healthily radiating.

50 minutes / \$145

The Spa Facial

"Never fear an extraction again! Italian-speaking, top-of-the-line skincare products purify and hydrate your skin while your massage therapist's nimble hands promote lymphatic drainage and relax face and neck muscles. No painful extractions to pull you out of your peaceful trance. Your skin will shine with a refreshed glow."

50 minutes / \$130

The Wine Country Scrub

The best of our little valley. Your body will be exfoliated with a scrub made from crushed grape seeds, followed by a hydrating application of a locally-made rosemary-and-lavender-infused oil.

50 minutes / \$135

The Garden Vichy

Try our tongue-in-cheek take on the oh-so-popular Vichy treatments. Unlike what you may experience at other spas, we set you up in our beautiful outdoor & airy Spa Garden for an unforgettable treatment, privacy drapery included. Imagine a finely milled grape seed exfoliation, warm water rinse & a custom hydrating Lavender-Rosemary oil. Who knew there was more than just one way to enjoy the fruits of the valley. Available May - October.

50 minutes / \$140

Massage Kneads

Here's The Rub

Yes, a massage. But not just any massage. Our signature rub-down is perfectly tailored to what your body needs. So, whether its deep tissue in the neck or soothing Swedish on the back, acupressure on your calves or lymphatic drainage on your face, our masterful muscle whisperers (aka massage therapists) have you covered.

50 minutes / \$130

80 minutes / \$185

CBD Massage

Ready to elevate your massage? Our hemp derived CBD cream will take your endocannabinoid system to the next level. Bring on your sore muscles and stiff joints and let cannabidiol do its job. This is one high we tested and approve!

50 minutes / \$145

80 minutes / \$205

Four-Twenty Massage

What if you could experience two full body massages at the same time? Two massage therapists, an amazing CBD oil, four hands and twenty fingers will coax/transport your brain and body to ultimate relaxation. We call it the 4/20 Massage, and now that 2020 is here, it's exactly what you need.

50 minutes / \$260

Sliders

Sliders is our take on the 2,000-year-old practice of cupping. Integrated in a deep tissue massage, our silicone cups will take tension release to the next level. You might find a hickey on your back, but at least you'll have a perfectly scientific explanation for it.

50 minutes / \$140

The Hot Himalayan

Our hot stone massage is better than most, with heated Himalayan salt stones subbing in for your average ole rocks. Our superstar stones are naturally antimicrobial and packed with minerals. They produce negative ions, which helps alkalize the body and bring it from an overly-acidic state. Plus, they feel really, *really* good.

50 minutes / \$135

80 minutes / \$190

The Head Case

For those whose minds are all over the place, settle down with a deeply relaxing scalp massage using our specially-blended and oh-so-hydrating oil. Then enjoy a targeted massage of the neck and shoulders. We dare you *not* to fall asleep.

50 minutes / \$130

The Feet First

Inspired by the ancient art of reflexology, your therapist will spend 50 decadent minutes focused on your feet. But your back will get a little love too, thanks to the self-warming mud that we'll apply at the start of the treatment.

50 minutes / \$130

AND THEN ALL THAT OTHER STUFF

Location

The MoonAcre Spa and Baths is located at the Calistoga Motor Lodge and Spa. Our address is:

1880 Lincoln Ave.

Calistoga, CA 94515

Spa Hours

Vary throughout the year. Please check with Spa Host.

Reservations

A valid credit card is required to hold all reservations. Reservations can be made by phone. Dial our Spa Host at 707/942-0992 or email spahost@moonacrespacalistoga.com.

Please notify us of any health concerns prior to making your appointment.

Make the Most of Your Spa Time

Spa facilities are open to Calistoga Motor Lodge & Spa guests and non-hotel guests age 16 and older. To fully enjoy your experience, we recommend arriving 30 minutes prior to your appointment start time.

You are welcome to take advantage of our heated mineral pools (available gratis to our spa day guests up to two hours before their appointment time) and co-ed steam room both before and after your treatment.

We may have to reduce the treatment times for those who arrive late, in order to avoid negatively affecting the next guest.

The use of cell phones, laptops, and other electronic devices is permitted in the spa. However, we invite you to practice some digital detox with our puzzles and coloring books. You are encouraged to leave your devices in your locker.

The spa is a 100% smoke-free environment.

Cancellation and Change Policy

Please notify us 8 hours in advance if you need to cancel or reschedule your appointment for any reason. Those who cancel/make changes less than 8 hours in advance will be charged 50% of the service cost. Those who do not show will be charged in full.

Dress Code

Swimsuits are required to enjoy the pools and our Perfectly Muddled. Robes, slippers, and towels are provided for your comfort. Most body treatments are performed unclothed. However, you will be appropriately draped at all times.

Gratuities

Gratuities to all spa staff will be provided through a 20% charge added to your treatment total. Gratuities are not prorated to reflect discounted pricing.

You are welcome to adjust the amount with our Spa Host in the rare case the service did not meet your expectations

Valuables Storage

You will be given a private locker for your exclusive use. However, we recommend that you leave valuables at home.

Gift Cards

To purchase a Gift Card, dial our Spa Host at 707/942-0992 or email us at spahost@moonacrespacalistoga.com. Can't wait for snail mail? **Click here** for an instant online gift certificate.

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