



## MOONACRE SPA MENU

### **Get In The Mood (AKA The Pre-Spa Ritual)**

Here's *our* idea of a perfect wine country pairing: Calistoga's geothermal waters, followed by a visit to our little abode. Calistoga has been a sybaritic go-to for its natural mineral hot springs and mud baths for more than a century. Continue that rich tradition in one of our three pools fed by geothermal hot springs below our property grounds. The pools' waters range in temperature from 82 to 104°.



## **TREATMENTS**

### **Body Cures**

#### **Perfectly Muddled**

Our spin on Calistoga's famed historic mud baths. Mosey up to our mud bar and see your perfect blend being created from our global range of

detoxifying concoctions. Next, get down and dirty in our garden, where you'll slather your skin in the mud and relax under the sun as it dries. Finally, get squeaky clean under our rainfall shower, while you watch those muddy waters rinse away. Dry skin is exfoliated off. Toxins are drawn out. Good minerals are infused in. And your skin is left baby-soft and oh-so-refreshed.

*Add-on to massage: \$50*

*On its own: \$70*

### **The Splish-Splash**

Think of this as our ode to the social bathhouses of days gone yonder. We'll draw the water and you can soak your cares away in one of the gorgeous clawfoot tubs in our bathing room. Salts and minerals from around the world in combination with our coconut oil infused bath bombs, wait for you to be 'paddled' in. Book a couple of tubs and turn it into a romantic or group experience. Or go it alone, and make new friends. Whatever your style, we've got your salty cure.

*25 minutes / add-on to massage: \$50*

*25 minutes / on its own: \$70*

### **CBD Soak**

Our Splish Splash just got elevated to the next level. CBD is short for cannabidiol, a compound derived from cannabis that possesses significant health benefits without leaving you stoned. Whether you're drained from a workout, have inflammation, or just need a heaping dose of stress relief, our soak with CBD salts will leave you refreshed in a way that you'd never see coming.

*25 minutes / add-on to massage \$55*

*25 minutes / on its own \$75*

### **The Spa Facial**

Never fear an extraction again! Italian-speaking, top-of-the-line skincare products purify and hydrate your skin while your massage therapist's nimble hands promote lymphatic drainage and relax face and neck muscles. There are no painful extractions to pull you out of your peaceful trance. Your skin will shine with a refreshed glow.

*50 minutes / \$120*

### **The Wine Country Scrub**

The best of our little valley. Your body will be exfoliated with a scrub made from crushed grape seeds, followed by a hydrating application with a locally-made rosemary-and-lavender-infused oil.

*50 minutes / \$130*

### **The Garden Vichy**

Try our tongue-in-cheek take on the oh-so-popular Vichy treatments. Unlike what you may experience at other spas, we set you up in our beautiful outdoor & airy Spa Garden for an unforgettable treatment,

privacy drapery included. Imagine a finely milled grape seed exfoliation, warm water rinse & a custom hydrating Lavender-Rosemary oil. Who knew there was more than just one way to enjoy the fruits of the valley? Available May - October.

50 minutes / \$130

### **Massage Kneads**

#### **Here's The Rub**

Yes, a massage. But not just any massage. Our signature rub-down is perfectly tailored to what your body needs. So, whether its deep tissue in the neck or soothing Swedish on the back, acupressure on your calves or lymphatic drainage on your face, our masterful muscle whisperers (aka massage therapists) have you covered.

*50 minutes / \$120*

*80 minutes / \$170*

#### **CBD Massage**

Ready to elevate your massage? Our hemp-derived CBD cream will take your endocannabinoid system to the next level. Bring on your sore muscles and stiff joints and let CBD (cannabidiol) do its job. You won't leave stoned, but your muscles, skin and aura will feel rebooted.

*50 minutes / \$145*

*80 minutes / \$195*

#### **The Hot Himalayan**

Our hot stone massage is better than most, with heated Himalayan salt stones subbing in for your average ole rocks. Our superstar stones are naturally antimicrobial and packed with minerals. They produce negative ions, which helps alkalize the body and bring it from an overly-acidic state. Plus, they feel really, really good.

*50 minutes / \$130*

*80 minutes / \$190*

#### **The Head Case**

For those whose minds are all over the place, settle down with a deeply relaxing scalp massage using our specially-blended and oh-so-hydrating oil. Then enjoy a targeted massage of the neck and upper back. We dare you *not* to fall asleep.

*50 minutes / \$130*

#### **The Feet First**

Inspired by the ancient art of reflexology, your therapist will spend 50 decadent minutes focused on your feet. But your back will get a

little love too, thanks to the self-warming mud that we'll apply at the start of the treatment.

*50 minutes / \$130*

### **From Head to Toe**

The best of both worlds: The Head Case, followed by The Feet First. In other words, 80 minutes of pure bliss. And yes, you are allowed to snore.

*80 minutes / \$190*

### **The Compress Press**

Thailand's poultice massage meets its Napa Valley cousin with this treatment that uses a heated muslin compress filled with local herbs (including lavender and mustard seeds). Your therapist will rhythmically stamp, knead, and rock the poultice over your body in-between soothing strokes to release deep muscle tension. Added bonus: the poultice's herbs have a healing effect.

*80 minutes / \$190*

## **AND THEN ALL THAT OTHER STUFF**

### **Location**

The MoonAcre Spa and Baths is located at the Calistoga Motor Lodge and Spa. Our address is:  
1880 Lincoln Ave.  
Calistoga, CA 94515

### **Spa Hours**

Vary throughout the year. Please check with Spa Host.

### **Reservations**

A valid credit card is required to hold all reservations. Reservations can be made by phone. Dial our Spa Host at 707-942-0992 or email [spahost@moonacrespacalistoga.com](mailto:spahost@moonacrespacalistoga.com).

Please notify us of any health concerns prior to making your appointment.

### **Make the Most of Your Spa Time**

Spa facilities are open to Calistoga Motor Lodge & Spa guests and non-hotel guests age 16 and older. To fully enjoy your experience, we recommend arriving 30 minutes prior to your appointment start time.

You are welcome to take advantage of our heated mineral pools (available gratis to our day spa guests up to two hours before their appointment time) and co-ed steam room both before and after your

treatment. We may have to reduce the treatment times for those who arrive late, in order to avoid negatively affecting the next guest.

The use of cell phones, laptops, and other electronic devices is permitted in the spa. However, we invite you to practice some digital detox with our puzzles and coloring books. You are encouraged to leave your devices in your locker.

The spa is a 100% smoke-free environment.

#### **Cancellation and Change Policy**

Please notify us 8 hours in advance if you need to cancel or reschedule your appointment for any reason. Those who cancel/make changes less than 8 hours in advance will be charged 50% of the service cost. Those who do not show will be charged in full.

#### **Dress Code**

Swimsuits are required to enjoy the pools and our Perfectly Muddled. Robes, slippers, and towels are provided for your comfort. Most body treatments are performed unclothed. However, you will be appropriately draped at all times.

#### **Gratuities**

Gratuities are left to the discretion of our guests. We recommend leaving 20% in recognition of exemplary service.

#### **Valuables Storage**

You will be given a private locker for your exclusive use. However, we recommend that you leave valuables at home.

#### **Gift Cards**

To purchase a Gift Card, dial our Spa Host at 707-942-0992.

Last updated December 20 2018.